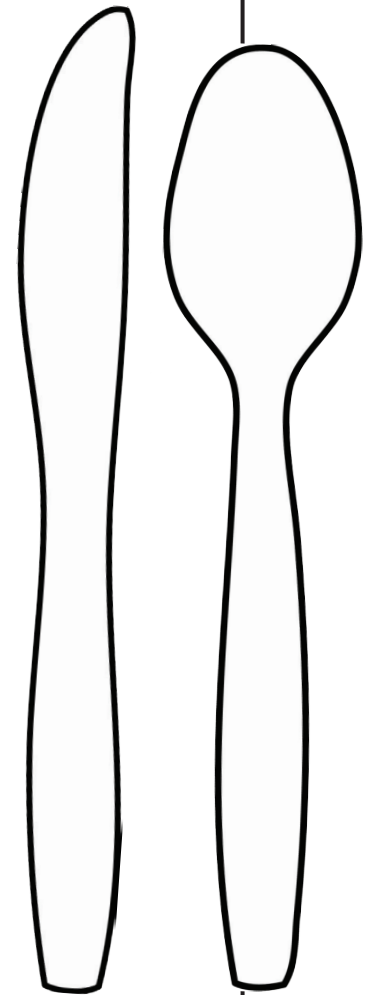
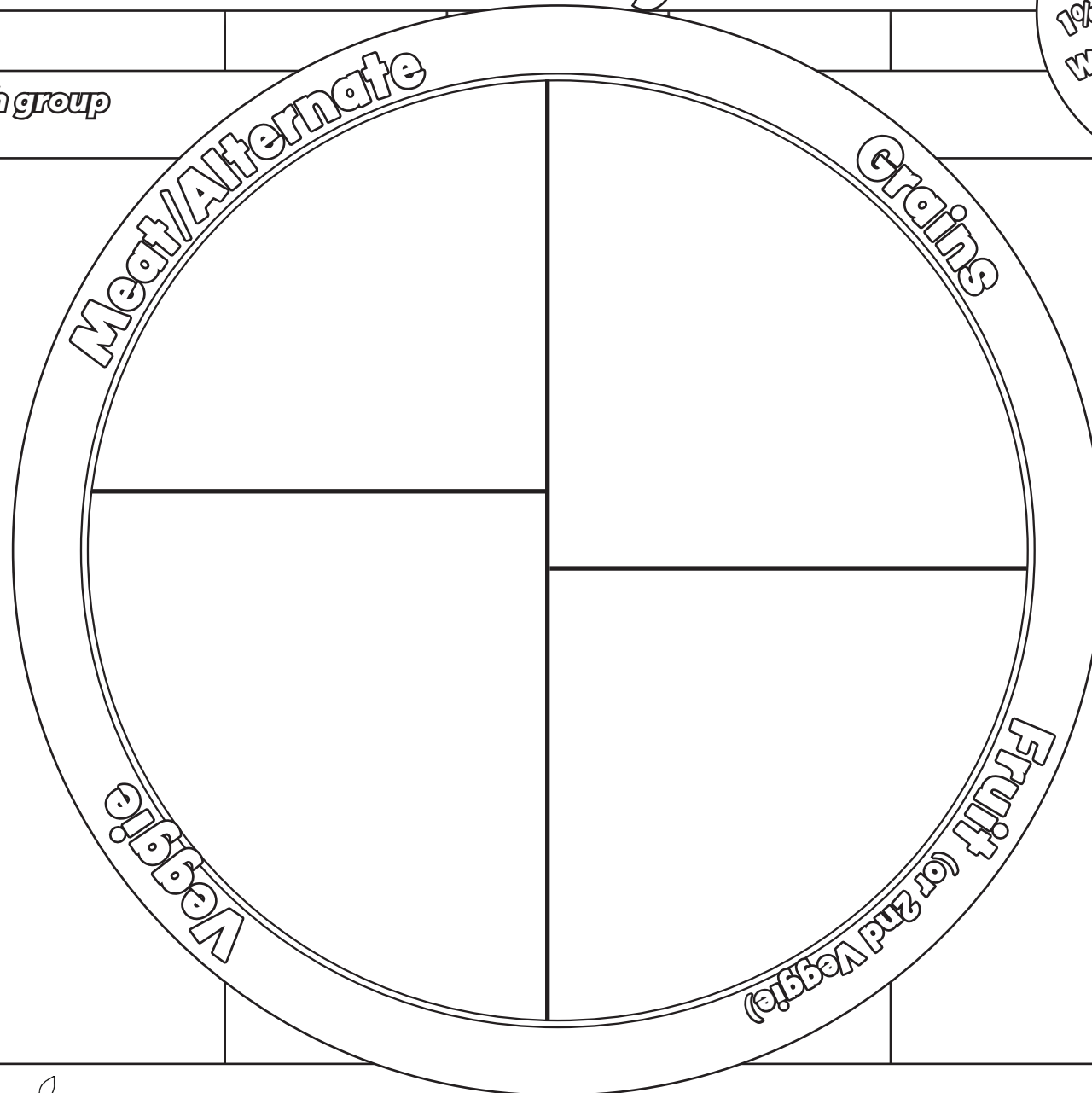
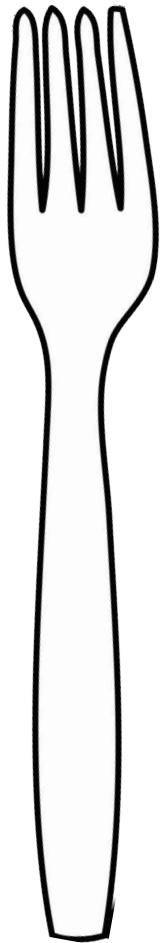


Decorate My Plate!

Milk

1% or 0% for ages 2+
Whole for 1-year-olds

Draw a food from each group
for your meal.



Send your festive meal to:



Day Care Resources, Inc. • info@dcrhome.org • PO Box 1103 • Tremont, IL 61568 • (309) 925-2274

Visit www.daycareresources.org/recipes-and-activities/fun-pages to print blank activity pages.