

PARENT Form for Non-Dairy Milk - (Age 1 Year and Older)

This form is for milk substitutes that **MEET** USDA requirements. If the child needs milk/foods that do **NOT** meet requirements, (like **LOW NUTRIENT MILK SUBSTITUTES**, such as almond, oat, coconut, or bottled Ripple® (original, Kids) milks, juice, or water), the child's medical provider must provide a medical statement documenting a **disability/impairment**, such as a **Medical Statement for Meal Pattern Accommodations**.

Provider's Name (or Day Care Center/Facility Name): _____

Day Care Resources, Inc.
 USDA Child and Adult Care Food Program
 PO Box 1103
 Tremont, IL 61568
 (309)-925-2274

Day Care Address: _____

Child's Name: _____

Child's Date of Birth: _____

Date: _____

5/2024

Send completed form to:
info@dcrhome.org

Dear Parent or Guardian:

This day care facility participates in the Child and Adult Care Food Program (CACFP), a nutrition program funded by the U.S. Department of Agriculture (USDA). Facilities have the option to serve a Non-Dairy Milk that has the **same 9 nutrients as dairy milk** (see chart below). Please have the parent/guardian complete the section below to request a creditable milk substitute. When a facility chooses to offer a creditable non-dairy milk, it must be available to all children whose parents request it. These substitutions are at the expense of the facility unless the parent/guardian chooses to bring it. Day care centers must record parent provided milk on a food donation log to count it in their milk audit. Your day care facility must send this form to info@dcrhome.org for approval.

Note: Lactose free cow's milk (ex. Lactaid®) is allowable and does not require any forms.

THE FOLLOWING IS TO BE COMPLETED BY THE PARENT/GUARDIAN.

1. Reason for requesting Non-Dairy Milk (required): _____
 (ex. vegan, religious, cultural, ethical reasons, etc.)

2. Mark the **creditable** Non-Dairy Milk your child will receive: (**NOTE: Milk must be UNFLAVORED for children ages 1-5.**)

Silk
 Soy Milk:
 Original Plain



Great Value
 Soy Milk:
 Original Plain



Other creditable non-dairy milk:
 Name/type: _____

If the milk is **NOT** listed on p.2,
Attach nutrition label
 to show milk meets these requirements:

CACFP Milk Substitutes	
1 cup MUST have at least:	
Nutrient	Amount
Protein	8 g
Vitamin D	2.5 mcg <i>(equal to 100 IU)</i>
Calcium	276 mg
Potassium	349 mg
Vitamin A	150 mcg <i>(equal to 500 IU)</i>
Riboflavin	0.44 mg
Vitamin B-12	1.1 mcg
Phosphorus	222 mg
Magnesium	24 mg

Day Care Resources, Inc. does not endorse any product. Brand names are given as examples of product(s) that meet requirements as of 2/2024.

3. Who will be providing the non-dairy milk? facility/day care provider parent/guardian
 Parents are allowed to bring ONE meal component for their child for non-disability reasons.

4. Parent Signature: _____ Date: _____

Creditable Non-Dairy Milks

An approved **Non-Dairy Milk Request Form** (from parent)

OR **Physician Statement for Meal Accommodations** (from doctor)

MUST be on file at the Day Care Resources office to claim non-dairy milks.

Download forms at www.daycaredresources.org or contact the office!

One cup (8 fluid ounces) of non-dairy milk must have the nutrients listed (to the right) to count as a substitute for milk for the USDA CACFP.

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Unflavored		Flavored	
AGES 6+ ONLY			
	8th Continent Original Plain Soy milk		Great Value Original Plain Soy milk
	Silk Original Plain Soy milk		Silk - single serve Chocolate OR Very Vanilla Soy Milk
	West Life Plain "Calcium & Vitamin D" Soy milk		West Life Vanilla "Calcium & Vitamin D" Soy Milk
	Pacific Ultra Soy Original Soy milk		Kikkoman Pearl SMART Chocolate OR Vanilla Soy milk
	Ripple On the Go Original Pea Protein Milk		Ripple On the Go Chocolate OR Vanilla Pea Protein Milk
	Kikkoman Pearl SMART Original OR Unsweetened Soy milk		Kikkoman Pearl SMART Chocolate OR Vanilla Soy milk
	Ripple On the Go Original Pea Protein Milk		Ripple On the Go Chocolate OR Vanilla Pea Protein Milk
Boxed ONLY <small>(Bottled Ripple does NOT count)</small>			

PLEASE DOUBLE CHECK the nutrition label **EACH** time you buy to make sure it is creditable on the Food Program.
Label information may change at any time.

Questions? Contact Day Care Resources at info@dcrhome.org OR (309) 925-2274. This institution is an equal opportunity provider.